



FIRST AID

Merit Badge Requirements

- 1) Satisfy your counselor that you have current knowledge of all first aid requirements for Tenderfoot, Second Class, and First Class ranks.
- 2) Do the following:
 - A) Explain how you would obtain emergency medical assistance from your home, on a wilderness camping trip, and during an activity on open water.
 - B) Prepare a first aid kit for your home. Display and discuss its contents with your counselor.
- 3) Do the following:
 - A) Explain what action you should take for someone who shows signs of a heart attack.
 - B) Identify the conditions that must exist before performing CPR on a person.
 - C) Demonstrate proper technique in performing CPR using a training device approved by your counselor.
 - D) Show the steps that need to be taken for someone suffering from a severe cut on the leg and on the wrist. Tell the dangers in the use of a tourniquet and the conditions under which its use is justified.
 - E) Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid.
 - F) Explain the symptoms of heat stroke and what action needs to be taken for first aid and for prevention.
- 4) Do the following:
 - A) Describe the signs of a broken bone. Show first aid procedures for handling fractures and broken bones, including open (compound) fractures of the forearm, wrist, upper leg, and lower leg using improvised materials.
 - B) Describe the symptoms and possible complications and demonstrate proper procedures for treating suspected injuries to the head, neck, and back. Explain what measures should be taken to reduce the possibility of further complicating these injuries.
- 5) Describe the symptoms, proper first aid procedures, and possible prevention measures for the following conditions:
 - A) Hypothermia
 - B) Convulsions / seizures
 - C) Frostbite
 - D) Dehydration
 - E) Bruised, strains, sprains
 - F) Burns
 - G) Abdominal pain
 - H) Broken, chipped, or loosened tooth
 - I) Knocked out tooth
 - J) Muscle cramps
- 6) Do the following:
 - A) If a sick or injured person must be moved, tell how you would determine the best method.
 - B) With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.
- 7) Teach another Scout a first aid skill selected by your counselor.

Requirement 1

Satisfy your counselor that you have current knowledge of all first aid requirements for:

__ Tenderfoot __ Second Class __ First Class

Requirement 2

Explain how you would obtain emergency medical assistance from the following places:

Your Home: _____

On A Wilderness Camping Trip: _____

During An Activity On Open Water: _____

__ Prepare a First Aid kit for your home. Give a brief description of the contents: _____

__ Display and discuss its contents with your counselor.

Requirement 3

What action should you take for someone who shows signs of a heart attack: _____

What conditions must exist before performing CPR on a person: _____

__ Demonstrate the proper technique in performing CPR using a training device approved by your counselor.

Show the steps that need to be taken for someone suffering from a severe cut on the leg and on the wrist. Tell the dangers of a tourniquet and the conditions under which its use is justified: _____

When can a bee sting be life threatening: _____

What action should be taken for prevention and first aid of the bee sting: _____

What are the symptoms of heat stroke and what action needs to be taken for first aid and for prevention: _____

Requirement 4

Describe the signs of a broken bone: _____

Show first aid procedures for handling fractures and broken bones, including open (compound) fractures of the forearm, wrist, upper leg, and lower leg using improvised materials. Give a brief explanation of the procedures: _____

Describe the symptoms and possible complications for suspected injuries to the head, neck, and back: _____

__ Demonstrate to your counselor the proper procedures for treating suspected injuries to the back, neck, and head.

What measures should be taken to reduce the possibility of further complication these injuries: _____

Requirement 5

Describe the symptoms, proper first aid, and possible prevention measures for the following:

Hypothermia: _____

Convulsions / Seizures: _____

Frostbite: _____

Dehydration: _____

Bruises, strains, sprains: _____

Burns: _____

Abdominal Pain: _____

Broken, Chipped, or loosened tooth: _____

Scout Name: _____ Unit #: _____ Date: _____

Knocked Out Tooth: _____

Muscle Cramps: _____

Requirement 6

If a sick or injured person must be moved, tell how you would determine the best method: _____

___ With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.

Tell how you accomplished the above requirement: _____

Requirement 7

Teach another Scout a first aid skill selected by your counselor.

Skill: _____

Person who I will teach: _____

How did you teach the person the first aid skill: _____

Was your teaching effective enough for the other person to go out and perform the skill successfully? _____